

SATYARADHANA, Institute of Performing Arts, directed by Dr. Francis Barboza, is a school for Bharata Natyam , with classes in New Jersey , Connecticut and New York . There have been many students that have trained and graduated from the Satyaradhana Institute of Performing Arts. Dr. Francis Barboza, a talented exponent of the classical dance form of Bharata Natyam and has carved a special niche for himself with his innovative efforts to expand the scope of this art form beyond the boundaries of religion. Dr. Barboza received his Bachelors and Masters degrees in Dance (Bharata Natyam) as well as a PhD in Performing Arts (Bharata Natyam) from the M. S. University of Baroda. His Doctoral dissertation was published as a book, "Christianity In Indian Dance Forms", in 1990. Dr. Barboza has the unique distinction of being the only dancer worldwide who gives full recitals on both Hindu and Christian themes. His creative presentations include imaginative and innovative dance re-citals, dance ballets, audio-visuals and VHS videos. Dr Barboza has numerous research articles and papers and over 1000 performances given in 25 countries. In 2024 Satyaradhana became an associate member of the Ve-dic Wellness University, Florida, USA. *Satyaradhana Dance School* with *School of Arts & Culture, VWU, Florida, USA*, has launched an Offline Certificate program for *Level 1 to Level 4* and *Diploma* in Bharatanatyam, in order to train young artists in this Divine Art and con-tinue the cultural legacy.

*For more information & application go to :<https://vedicwellnessuniversity.com/>



SATYARADHANA

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Annual Day Celebration OF SATYARADHANA Institute of Performing Arts



Welcome Address: Mrs. Shobana Mani

Chief Guest: Mr. Ravi Subramanian
Guest of Honor: Mrs. Rema Subramanian

10th May 2025, 4:00 PM
Congers U.M.C.Hall, #86 Congers Rd.
Congers, NY 10920



Prayer : Lighting the Lamp



Asatoma Satgamaya : From Untruth lead us to Truth
Tamasoma Jyothirgamaya : From darkness lead us to Light
Mrityoma Amritamgamaya : From Death lead us to Immortality

- ✦ 1 **Salutations** to Lord Shiva & Demonstration of the very first Basic Steps in Bharata Natyam dance style by the students of Iselin, NJ.

Performers: Adyahari Kumar, Avya Darshan, Nityasri Kumar & Radha Patel

- ✦ 2 **Salutations** to Brahma, Vishnu & and Maheshwara, followed by Nritta in Bharata Natyam Dance style by the students of Darien CT

Performers: Arya Mehrotra, Sameera Mehra, Bianca Singh, Rutva Malhar & Neha Manyem

- ✦ 3 **Basic Bharata Natyam Steps**
Demonstration.

By the students Darien CT.

Performers: Shanvika Puligudal, Gayatri Mani Lorenzato, Jahnvi Velugula, Viveka Malpani, Ananya Chikkala, Nikitha Nirmalkumar, Sara Singh & Niti Nataraju Gowda

- ✦ 4 **Basic Bharata Natyam Steps**
Demonstration.

By the students of Jersey City NJ.

Performers: Sara Deshmukh, Kyra Shirwaikar, Krishi Nandakumar, Anvee Prabu, Thalir Babu, Saainivisha Radhakrishna & Sahasra Mohanakrishna

- ✦ 5 **Pushpanjali & Salutation**
to Lord Ganesh

By the students of Jersey City NJ

Performers: Sanvika Sunkara, Deeksha Pothiraj, Seershika Peram, Srinitha Drakshapally, Nitya Patel, Tanishi Patel & Vethanachiyar Maharajan



THANKING

Congers United Methodist Church, Chief Guest Shri. Ravi Subramanian, Mrs. Rema Subramanian, Parents & Well Wishers.



✦ Credits ✦

Choreography & Direction: Dr. Francis Barboza
Program Co-ordination: Jeeno Joseph
Brochure: Devanshi Patel
Auditorium Assistance: Jeeno, Steny, Kavita Patel, Mr. Selvadurai, Parents of NJ & CT
Back Stage Assistance: Parents Rep. Of all Dance Centers
Sound: Mr. Bakul Patel
Video : Sabu
Website: Ravi Subramanian
Catering : Annapoorani

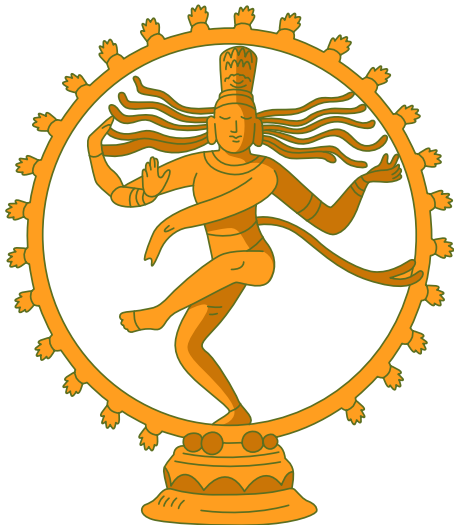
Mangalam

The performance is concluded with Mangalam, a prayer to the Almighty in different names of the same God expressing gratitude to God, to the Guru and the audience. The program is ended with the Mantra :

**Om Sarveshaam Svastir-Bhavatu |
Sarveshaam Shaantir-Bhavatu |
Sarveshaam Puurnnam-Bhavatu |
Sarveshaam Manggalam-Bhavatu |
Om Shaantih Shaantih Shaantih ||**

Meaning:

**May there be Well-Being in All,
May there be Peace in All,
May there be Fulfilment in All,
May there be Auspiciousness in All,
Om Peace, Peace, Peace.**



**Student of the year 2025 : Malathy Ashok
Guest Artists : Theyjasvi Ashok, Sheetal Sudhir &
Pragathi Ashok**

✦ 6 **Basic Steps of Bharata Natyam.**

By the students of Jersey City NJ

Performers: Durga Sahasra, Kannammabharathi Subramanian, Saranya Arasu, Hamsini Radhakrishna, Hemalatha Barani, Savitha Ramasamy

✦ 7 **Basic & advanced steps** in Bharata Natyam. By the students of Darien CT

Performers: Nidhi Tarani Kummam, Nina Nataraju Gowda, Sanvi Bambhroliya, Janet C-Johnson, Supriya C Krishnappa & Venbaa Sathiskumar

✦ 8 **Pushpanjali**

in praise of Lord Ganesh. By the students of Stamford CT

Performers: Maydha Malpani, Meera Katipally, Suhani Gade, Myra Singh, Aanya Amaresh, Ashley Moorkoth, Soundarya Barathan

✦ 9 **Tillana**

A lighter version done by the students of Stamford CT

Performers: Rajshree Diwan-Vyas, Arini Jathar, Vibha Mysore, Navya Renjith, Aarohi Shinde

✦ 10 **Chaturasra Alaripu**

Ragam: Shanmukhapriya **Talam :** Chaturasra Eka Alaripu is a pure dance based on Mrudangam syllables (bol), where the major and minor movements of the body are coordinated. Like the lotus that unfolds itself to receive the sunlight, so also the body opens itself to receive the Word of God.

Performers: Netra Naik, Prathyusha Mulpuri, Lavanya Velugula, Aparna Kommineni & Sujana Pamudurthy

✦ 11 **Shabdham**

Ragam: Ragamalika **Talam :** Tishrajati Triput

Composer: Vazhuvoor Ramaih Pillai

Abhinaya or interpretation of sentiment, the unique feature of our dance-arts, is introduced through the Shabdham. This item is based on Lord Krishna. My friend (sahki)! is it fair for you to be deceitful at this time when my heart yearns for Krishna, the one who creates music...Can one desire for anything other than lotus-like feet of my very own Lord who is personified with beauty? Will even a lotus flower be equal to his feet in beauty and softness? Let us sing, dance and bow down in prayer at the sacred feet of the great souls who have experienced joyful exhilaration by adoring, praising and praying to that Lord Vishnu.

Performers: Sai Saavika, Aishani Dibouliya, Danushka Machireddy, Janavi Premkumar & Sandya Magesh



✦12 **Jathiswaram**
Ragam: Saveri **Talam :** Rupak

Jathiswaram is a combination of Jathi (time measures) of rhythmic syllables and Swara (musical notes) in a particular Raga (melody) and Talam (rhythm). This is a pure dance, or nritya item, exhibiting rhythmic graceful body movements.

Performers: Sashi Lakshmanan, Revathi Arunkumar, Seema Upadhyaya, Malika Sateesh & Priyaa Baala

✦13 **Varaha Rupam**

An expressional dance where the 10 incarnations of Lord Vishnu are depicted with special emphasis on his third incarnation VARAHA(boar) where Visnu saves the Earth from the captivity of demon Hiranyaksha.

Performer: Pajaniappan Cojandavelou



✦14 **Shabdham**
Ragam: Kambhoji **Talam :** Tishrajati Triput
Composer: Mrs. Vasantha **Language:** Tamil
Lakshminarayanan

Abhinaya or interpretation of sentiment, the unique feature of our dance-arts, is introduced through the Shabdham. This item is based on Lord Nataraja. The devotee addresses to herself, "Oh my mind why are you so stubborn? Why are you so unstable? Why do you run after property, food, lust, greed etc., Why don't you surrender yourself at the feet of the Lord!" Like Markandeya, every disciple of Shiva is protected by Him. Finally, the story of Amruta Manthana (Churning of the Ocean), where Lord Shiva drinks poison and saves the world is danced in the Sanchari (improvisation)

Performers: Yaal Babu, Akshara Vinoth & Pooja Durai

Address by the Chief Guest: Shri. Ravi Subramanian

✦15 **Kirtanam on Lord Shiva : Bhoo Sahmboo**
Ragam: Revathi **Talam :** Adi

Composer: Shri Dayananda Saraswati

The item starts with the depiction of Panchabhuta (five elements) from which the universe is made of... the rain.. Floods ..ocean all different forms of water.... earth, the air, the fire and ether (akasha).. Lord Shiva is the Panchabhuteshwara.. Lord of the Panchabhuta or five elements.

Hail, oh Lord Shambhu, one who "self-appeared"

Source of Ganges, Shankara, oh merciful lord who redeems me from this ocean of sorrow, samsara ! You are without gunas, one who is beyond time, past, present and future, beyond all things finite, oh infinite, blissful, wondrous, ever the same Linga. You are worshipped by the great sages , You are the Lord, the beginning and end of everything!!!

Performer: Devanshi Patel

Graduating (Arangetram) this year and giving her Aradhana Dance recital on the 12th of July 2025 in New Jersey.

✦16 **Varnam : Bhavayami Raghuramam**
Ragamalike set to Rupaka Talam Composer: Swati Thirunal

Bhavayami raghuramam is a soul-stirring epitomizing the entire story of the epic Ramayana. This beautiful song, in chaste Sanskrit, was originally composed by Maharaja Swathi Thirunal. This evening only the first part of the Varnam is presented.

Performers: Malathy Ashok, Janaki Velugula, Sheetal Sudhir, Pragathi Ashok & Theyjashi Ashok

Vote of Thanks : Mrs. Priya Magesh

✦ 17 **Shivoham**
Ragam: Hansanadi with touches of Kanakangi
Music: Ilayaraja **Lyrics:** Vaali **Talam :** Adi

The item is based on Sri Rudhra, a powerful set of hymns about Lord Siva, present in the Yajur Vedha. They are present in the fourth chapter of the total seven chapters. If we further ponder into what's found in the middle of Rudhra, it's the Name of lord Siva – famously called Siva Panchakshari (the 5 letters – Om nama Sivaya – in Sanskrit – given in the last line of the above present mantra). Hence, the hymns are sacred which spell the activities Lord Siva in relation to creation, preservation and destruction.

Performers: Netra Selvadurai & Neha Selvadurai

Graduating (Arangetram) this year and giving their Aradhana Dance recital on the 28 th of June 2025 in New Jersey.